

April 21, 2020

Dear UCOP community,

Leaders here in the Office of the President and throughout UC are making difficult decisions every day to keep us both safe and secure. We are grateful for their guidance and compassion. Directives to stay home are essential to efforts to prevent the spread of COVID-19. Tragically, they also increase the risk of physical and emotional mistreatment for people confined at home with an abuser, and make it harder to seek help. The University remains deeply committed to supporting members of our community who experience any form of interpersonal violence. At this challenging juncture, we write to share community and UC resources available to support those affected by domestic abuse in particular, whether directly or due to concern for a loved one.

- [Faculty & Staff Assistance Program \(FSAP\)](#): Trained professionals in the FSAP are available to provide compassionate and confidential support to UCOP employees experiencing or otherwise affected by domestic abuse. They also provide assessment, counseling and referral services for a broad range of personal and work-related issues. Contact: (415) 476-8279 or FSAP@hr.ucsf.edu; for UC Path employees—(800) 266-0510 (website [here](#)).
- [National Domestic Violence Hotline](#): This free, confidential hotline is available at all times to anyone in the United States experiencing domestic abuse, or who is concerned about their own potentially abusive behavior toward another. Contact: 1-800-799-7233, or through [chat](#). The hotline's page on [Staying Safe During COVID-19](#) links to an interactive [safety planning tool](#).
- [Guide from Network to End Domestic Violence \(NNEDV\)](#): If you have a colleague, friend or family member experiencing abuse, you can find tips to support them while adhering to stay-at-home directives in this guide from the NNEDV. This [Calling All Friends and Family](#) guide from Futures Without Violence also has suggestions.
- [Alameda County Family Justice Center \(ACFJC\)](#): The ACFJC provides free services to individuals and families who have experienced mistreatment such as domestic abuse, other sexual violence, and human trafficking. Services include help with restraining orders, case management, safety planning, housing, and Medi-Cal and CalFRESH applications. Contact: domestic violence crisis hotline—(800) 947-8301; rape crisis hotline—(510) 845-7273; general information/client navigator—(510) 267-8800.
- [Alternatives to Domestic Violence \(ADV\)](#): Serving western Riverside County, ADV provides a range of services aimed at breaking the cycle of abuse, including a crisis line, court advocacy, counseling for children, education and outreach services. Contact: crisis line—(800) 339-7233 or 951-683-0829; counseling services—(951) 320-1370; restraining order help—(951) 320-1374.
- [D.C. Safe](#): D.C. Safe is a crisis intervention agency for domestic abuse in Washington, DC. They are available at all times, and provide emergency services, court advocacy, and system reform. Contact: (844)-443-5732.
- Other 24-Hour crisis lines:
 - [Family Violence Law Center](#) (Alameda County)—(800) 947-8301
 - [Riverside Area Rape Crisis Center](#)—(866) 686-7273
 - [D.C. Rape Crisis Center](#)—(202) 333-RAPE
 - [A Safe Place](#) (Oakland)—(510) 536-7233
 - [Asian Women's Shelter](#) (S.F.) —(877) 751-0880
 - [Tri-Valley Haven](#)—(925) 449-5842 or (800) 884-8119

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You can find more domestic abuse and sexual assault resources on the [UCOP Human Resources website](#).

In this uncertain and anxious time, home should be a place of refuge—not fear. If you are experiencing abuse, or worried about someone who is, you have resources to support you, people who care, and the commitment, strength and compassion of the UC community.

Yours very truly,

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Systemwide Title IX Director

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Executive Director, Human Resources

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