If you have a pre-existing condition, such as type 2 diabetes, high blood pressure, and/or high cholesterol (high LDL and low HDL), we may be able to help. The Occupational Wellness Specialist will work with you and your physician to create a program that assists you in achieving the best possible results. We realize that each individual and each condition is different, but with our combination of one-on-one counseling as well as educational sessions, you will receive exceptional care and invaluable resources to assist you in your path to optimal health and wellness.

Please inquire if you feel this is right for you.