

## Chapter 10: *Let's Start Talking About It*

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### Individual strategies

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- Give your boss *Lean In* book
- Advocate for yourself
- Get allies/people to “back you up”
- Take responsibility
- Let your supervisors know what you want
- Look outside your area
- Ask for yourself
- Position yourself for success
- Be flexible with the possible outcome(s)
- Think outside the box when asking
- Celebrate all the little wins